

MOVE-IN SUSTAINABLE GUIDE



TIPS TO REDUCE YOUR ENVIRONMENTAL IMPACT AS YOU MOVE IN TO COLLEGE.



Moving to college for the first time can be both, stressful and exciting, and unfortunately it can also be a very wasteful time of the year. Whether you are just returning from break, or moving into a new apartment, house, or residence hall, you might be thinking you have a long list of items to purchase. But, what about the environment? If you take some extra time to plan ahead, you'll be able to make smart choices that not only save you money but can also significantly reduce your environmental impact. This guide is designed to give you some useful tips and tricks to help you plan your move and go green during your time at UF.

WHERE TO START



After you have found out where you're going to live and who your roommates will be, make a list of the things you think you might need in your new apartment, house or dorm. Contact your roommates to find out what type of furnishings or appliances (such as TVs or toasters) they will be bringing. You want to make sure there are no duplicates, so coordinate beforehand.

After you have established the who's-bringing-what situation, you will still have a list of items that you might think you need to buy. Without even realizing it, you will be tempted to buy brand new items. Take a moment to reconsider: Can you avoid a brand new purchase? Gainesville has a variety of thrift stores where you'll be able to find all kinds of stuff for your living space, from gently used furniture and organizers to secondhand utensils, cookware and appliances. Always buy used items when you can! You'll reduce your environmental impact while outfitting your space at a fraction of the cost.

THINGS TO CONSIDER WHEN PACKING



- You don't need to buy bubble wrap or packing peanuts to protect your delicate items. Instead, use clothes or old newspaper to wrap small items, and blankets and comforters for larger ones.
- Durable storage crates are always handy for everything from clothes and shoes to decorations, food, small appliances and more. Consider borrowing containers from friends or family, or look for used crates at local thrift stores.
- Laundry baskets also make good moving containers. Use them instead of buying brand new cardboard boxes. If you really need cardboard boxes, ask a local grocery or liquor store if they have extras they can give you.
- Recycle any boxes you bring to move-in days. You can also flatten them and keep them underneath your bed for the next time you'll need to move.

APPLIANCES AND FURNITURE



If you are moving to a dorm, most likely you won't need major appliances or furniture. If you are moving to an apartment, the story might be a little different. Either way, make sure to choose the environmentally responsible options.

- Look for the Energy Star® label when buying new appliances, but ideally, choose to buy used items.
- Places like Goodwill, The Repurpose Project and Family Treasures Thrift store carry secondhand furniture and appliances at good prices. Buying used reduces the amount of waste being directed to our landfills and will save you money compared to buying new.
- Make sure to get a power strip that will make it easy to turn off multiple appliances at once and will help you save energy.
- If you can, exchange all incandescent light bulbs in your room for compact fluorescent light bulbs (CFLS) or LED bulbs.

KITCHEN SUPPLIES



When looking for cooking pots, plates and silverware, check with family and friends first to see if they have extra items they will let you take. If you need to buy your own, look for used items at thrift stores and garage sales. Also avoid using disposable or plastic tableware as they create even more waste that ends up in landfills.. You can get your own silver- and tableware at local second-hand stores. Another must-have on your list is a reusable water bottle. There are plenty of water refilling stations on campus, so take advantage of those stations instead of buying single-use bottles.

ORGANIZING & DECORATIONS



Always think about reusing! When looking for a closet organizer, a mirror, or a shower caddy, you will find inexpensive and unique items at a second-hand store. Thrift stores also carry interesting decorations, artwork and knick-knacks that will make your home-away-from-home feel like your own in no time!.

CLEANING SUPPLIES

Are cleaning supplies on your list? They should be! When purchasing things like soap, cleaners, and detergents, make sure to choose eco-friendly options. Pick toiletries and detergents that are labeled as biodegradable. You should also consider buying a drying rack for your clothes as it will allow you to save not only money but energy as well.

SCHOOL SUPPLIES

When you're getting ready to buy school materials, think about the impact of your choices. Paper, for instance, is a big environmental polluter. The mills used for paper production contribute to air, water and land pollution. That's why you want to avoid buying unnecessary notebooks and paper products.

- If you have some half-full notebooks from previous years, reuse them!
- Purchase notebooks that have recycled content paper; you will save trees and cause less pollution. In general, look for products that contain a high percentage of post-consumer recycled content.
- If your backpack is still in good condition, reuse it! If it's time for a new bag, check local secondhand stores for gently used versions.
- Always recycle used scrap paper, notebooks and cardboard.
- Instead of spending all your money on new books, rent them or buy them used. The UF Bookstore now offers textbook rentals, both in-store and online. Visit www.ufl.bkstr.com for more information.

TRANSPORTATION

Thinking about bringing a car to campus? You might want to reconsider. Not only is parking expensive, you are also limited to very few parking spaces accessible to students. Instead, consider bringing a bicycle to campus or renting one through the Gator Gears Student Bike Rental Program (bikes.ufl.edu). With bike racks at every building, as well as self-service bike repair stations across campus (and free repairs through Student Government Bike Repair), you'll be able to keep rolling all year long. The RTS bus system is also free to all UF students with a Gator 1 card, and there are routes that take you throughout campus and the Gainesville area. Learn more at go-rts.com. UF also offers several other sustainable transportation options, such as ZipCar, Zimride, SNAP and GotchaRide. Check out information about those options by visiting sustainable.ufl.edu/sustainabletransport.

MOVE-IN CHECKLIST

A LITTLE HELP SO YOU DON'T FORGET EVERYTHING YOU NEED...PLUS SOME ENVIRONMENTAL TIPS TO KEEP IN MIND!

BEDROOM

- Comforter/Blanket
- Mattress Pad
- Sheets
- Pillow(s)

KITCHEN

- Pots/Pans
- Strainer/Colander
- Pot Holder
- Measuring Cup
- Cooking Utensils
- Small Containers & Lids
- Can Opener
- Dishes
- Cups & Mugs
- Silverware
- Reusable water bottle
- Reusable bag for groceries shopping

ORGANIZE

- Closet Organizer
- Shelves
- Adhesives* (sticky tack, 3M hooks)
- Mirror
- Clothes Hangers
- Shower Caddy

REUSE!
BRING ITEMS
FROM HOME

CHECK THRIFT
STORES!

AVOID USING
DISPOSABLE OR
PLASTIC TABLEWARE

BUY USED!

CHOOSE
BIODEGRADABLE
PRODUCTS

CLEANING SUPPLIES

- Broom
- Dustpan
- Vacuum Cleaner
- Mop
- All-Purpose Cleaner
- Wipes
- Sponges, Paper Towels, Cloths
- Toilet bowl cleaner
- Dish soap
- Laundry Detergent
- Fabric Softener

TOILETRIES

- Towels & Washcloths
- Hand Towels
- Toothbrush
- Toothpaste
- First Aid Supplies
- Small tool & sewing kit
- Hair Brush / Comb
- Hand Sanitizer
- Laundry Basket / Bag

SCHOOL SUPPLIES

**RENT BOOKS
OR BUY USED!**

- Stapler
- Pens, Pencils, Highlighters
- Sharpener
- Hole Punch
- Notebook (finish using old ones)
- Note cards
- Planner
- Printer Paper
- Computer or Laptop
- Backpack
- Post-it Notes
- Scissors
- Tape
- Flash Drive

**LOOK FOR RECYCLED
CONTENT PAPER!**

**LOOK FOR THE ENERGY
STAR® LABEL WHEN
BUYING NEW APPLIANCES**

APPLIANCES

- Ethernet Cable
- Surge Protectors
- Power strip
- Alarm Clock
- Flashlight
- Television
- Small Refrigerator*
- Microwave* (<1500 watts)
- Desk Lamp
- Toaster
- Blender

**COORDINATE WITH
YOUR ROOMMATE AND
AVOID DUPLICATES**

**CHECK THRIFT
STORES!**



sustainable UF

FOLLOW US!

SUSTAINABLE.UFL.EDU



FACEBOOK.COM/SUSTAINABLEUF



@SUSTAINABLEUF

BEST THRIFT STORES IN GAINESVILLE

1

SANDY'S SAVVY RESALE BOUTIQUE

Clothing | Appliances | Home Decor | Furniture
2906 NW 13th Street | www.sandysresale.com

2

SALVATION ARMY THRIFT STORE

Clothing | Furniture | Accessories
55 NW 23rd Avenue | salvationarmyusa.org

3

OUTREACH THRIFT STORES

Clothing | household goods
2430 NW 6th Street | www.outreachthrift.org

4

JUNIOR LEAGUE THRIFT SHOP

Clothing | Toys | Housewares
430-A North Main Street | www.gainesvillejrleague.org

5

GOODWILL INDUSTRIES THRIFT STORES

Clothing | Furniture | Housewares | Books
1223 NW 23rd Street | 3520 SW 34th Street
www.goodwilljax.org

6

FLASHBACK RECYCLED FASHIONS

Clothing | Vintage Decor | Housewares | Furniture
818 W University Ave | www.facebook.com/shopflashbacks

7

FAMILY TREASURES THRIFT STORE

Clothing | Appliances | Home Decor | Furniture
711 North Main Street | www.chsfl.org/familytreasures

8

THE REPURPOSE PROJECT

Art & Office Supplies | Construction Supplies
Furniture | Housewares
1920 NE 23rd Ave | www.repurposeproject.org

9

CECILE'S

Vintage & Designer Clothing | Costume Jewelry
2131 NW 6th St. | www.cecilesconsignment.com

10

HAVOC HOSPICE ATTIC RESALE STORE

Clothing | Furniture | Housewares
Electronics | Books | Toys
300 NW 8th Avenue | www.havenhospice.org

11

GATOR FURNITURE

Furniture | Housewares | Home Decor
230 NE 16th Ave.

12

PERSONA VINTAGE CLOTHING & COSTUMES

Vintage Clothing | Accessories | Costume Rentals
201 SE 2nd Place.
www.facebook.com/PersonaVintage/

13

URBAN THREAD

Clothing | Accessories
1202 NW 23rd Ave.

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